



Dunedin “FIT” Kids

Fitness Boot Camp for Kids...

Every child wants to have fun and make friends. Most of them naturally love to be physically active. Many want to get stronger and improve their sports performance, while some just need to get out from in front of the TV or computer and get in shape. At Dunedin FIT Kids, your child will have a ton of fun, make new friends, burn off loads of calories all while strengthening their muscles, improving their balance, coordination, flexibility and sports performance. We'll even “sneak” in some education on nutrition and exercise science without them knowing it!

Active Kids = Healthy and Happy Kids

Tues, Thurs, Friday / 4:45-5:45 PM

Ages: 7–14

Instructor: Greg Reardon

Prices:

Weekly

\$30 w/ ID—\$40 No ID

Daily Drop-In

\$10 w/ ID—\$12 No ID

Dunedin Community Center
1920 Pinehurst Rd
Dunedin, FL 34698
727-812-4543



If you have a disability that requires accommodation, please notify the Dunedin ADA Coordinator at 298-3199 a minimum of 48 hours prior to the scheduled event or program and reasonable accommodation will be made.

